

## Wildcat Golf

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### 2010 Spring & Summer Checklist

- ❑ Start playing. As soon as possible. We're only keeping 8-10 players on the Varsity squad, so get ready.
- ❑ Stay in touch. Check the website on a regular basis for news & updates. E-mails will rarely be sent out, so you need to keep in touch with us at [www.cvhs golf.org](http://www.cvhs golf.org)
- ❑ Establish a handicap. Go to Westfields or Twin Lakes to get yours started. In addition to your 18-hole scores, you can now post 9-hole scores. This is easy to do & there's no excuse to not have a handicap established.
- ❑ Enter some tournaments. Get some competitive play in before tryouts & the season begins. With half of our roster from Districts & Regions graduating, you can't wait until the season starts to get some experience playing 36-hole tournaments. Visit the team website for links to tournament playing opportunities. The most popular junior tours include: [www.ijgt.com](http://www.ijgt.com) & [www.ajga.org](http://www.ajga.org)
- ❑ Sign-up for a junior camp. As we get information on upcoming camps, we'll post the info on the team website. Westfields has junior camps scheduled for both spring & summer breaks. Information on the spring break camp is posted on the team website.
- ❑ Be ready to fundraise. With looming budget cuts, we'll need to make sure to start early. Everyone will be responsible for helping to raise the money we'll need for tournaments, practices, equipment, etc.
- ❑ Recruit a sponsor for the Boosters' tournament. Every team is responsible for: (1) having a foursome, (2) getting a hole-sponsor, & (3) providing some door/raffle prizes. We've got #1 and #3 covered, so we just need to get #2 done.
- ❑ Get new equipment sooner rather than later. If you're planning on getting any new equipment, do it weeks (or months) before the season. You don't want to be getting used to a new club during an important match or tournament. There's no excuse on this one. Don't blame the club! You're the one who bought it!
- ❑ Get fitted. If you do want to get a new set of irons or some other new club, make sure you: (1) get fitted by a professional fitter & (2) demo it on the course or an outside driving range before you buy it. Hitting into a net at Golf Galaxy isn't the way to go. You need to see the flight of the ball. We highly suggest seeing Larry or Ken at Westfields. Tell them you're a team member & they're likely to take care of you.
- ❑ Read a few books. Make sure to keep it simple. Most of these books are an easy read & address the basics such as shot selection, routine, confidence, & focus. If you're looking to improve your swing, please go to a junior camp or see a professional instructor. We highly recommend:
  - ⊛ *Golf is Not a Game of Perfect* (or anything by Dr. Bob Rotella)
  - ⊛ *Harvey Penick's Little Red Book* (or any of his books)
  - ⊛ *Every Shot Must Have a Purpose: How GOLF54 Can Make You a Better Player* (Nilsson & Marriot)
  - ⊛ *The Game before the Game: The Perfect 30-minute Practice* (Nilsson & Marriot)
  - ⊛ *Who's Your Caddy?: Looping for the Great, Near Great, and Reprobates of Golf* (Rick Reilly)
- ❑ Important Dates:
  - ⊛ May 12<sup>th</sup> (Wednesday) – Boosters' golf tournament @ Westfields (info on team website)
  - ⊛ August 2<sup>nd</sup> (Monday) – Tryouts begin (will last 3 days)
  - ⊛ *More to come...*